

# IL Mulino

<https://www.ilmulinofl.com/>  
1800 East Sunrise Boulevard  
Fort Lauderdale, FL 33304  
Phone: (954) 524-1800

*Lunch menu served from 11:30 A.M. till 4:00 P.M.*

*We take pride in preparing our food from scratch on a daily basis. Some items may have limited availability.*

*To view the rest of our menu, visit the Main Menu page.*

**Warning:** Consumption of raw or undercooked foods of animal origin such as beef, eggs and fish may result in an increased risk of foodborne illness.

## LUNCH SALADS

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Arugula 12  
Tomatoes, capers, shaved Parmigiano cheese, truffle oil vinaigrette.

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Balsamic Chicken 15  
Portobello mushrooms, goat cheese, Mandarin oranges & red wine vinaigrette.

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Pesto Calamari 15  
Served over mixed greens, tomatoes, onions, cucumbers and lemon basil vinaigrette.

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## SANDWICHES

Served with French Fries.

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Grilled Chicken 14  
Caramelized onions, lettuce, tomatoes, honey mustard sauce. With fries.

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Chicken Parmigiana 14  
Chicken Milanese, mozzarella cheese, marinara sauce. With fries.

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Panino 14  
Prosciutto di Parma, fresh mozzarella, basil oil. With fries.

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## EXPRESS LUNCH

*We welcome you to enjoy our express lunch menu. Unfortunately, we cannot accommodate substitutions.*

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Pasta & Fagioli Soup 11  
Served with small house or Caesar salad.

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Minestrone Soup 11  
Served with small house or Caesar salad.

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Potato Gnocchi 14  
Wild mushrooms, Italian sausage, Demi glace sauce. Served with a small house or Caesar salad.

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Petit Lasagna 14  
Oven baked layers of pasta, béchamel and Bolognese sauce. Served with a small house or Caesar salad.

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## RISOTTO

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Chicken Primavera	14
Imported Arborio rice slow cooked with chicken and julienned vegetables.	

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Salmon	15
Imported Arborio rice slow cooked with salmon, peas, Brandy & lobster sauce.	

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Steak	15
Imported Arborio rice slow cooked with Beef tenderloin, mushrooms & Demi Glace sauce. Drizzled with basil oil.	

## PASTA

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Cheese Tortellini Fiorentino	14
Grilled Chicken, cheese tortellini and spinach cream sauce.	

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Penne Trapanese	14
Grilled chicken, broccoli, pesto and marinara sauce.	

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Spaghetti Primavera	13
Sauteed spinach, carrots, zucchini, roasted garlic, E.V.O.O.	

## FLATBREADS

*Served with small house salad.*

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Chicken & Spinach	14
Mozzarella cheese, spinach cream sauce.	

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Rustico	12
Fresh mozzarella, tomato sauce, fresh basil.	

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Balsamic Chicken	14
Chicken, Portobello mushrooms, mozzarella, Balsamic glaze.	

## PIZZETTE

*Served with small house salad.*

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5" Cheese	12
Mozzarella and tomato sauce.	

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5" Pepperoni	13
Mozzarella cheese, tomato sauce, pepperoni.	

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5" Spinach & Artichokes	13
Mozzarella cheese and spinach cream sauce.	